



Spaghetti with Anchovy Carbonara

Chris Consentino adds a my flavor to his pasta with cured tuna meat. He grates it on right before serving.

INGREDIENTS

- 12 ounces spaghetti
- 1/2 cup extra virgin olive oil
- 3 large garlic cloves, thinly sliced
- One 2-ounce can flat anchovies, drained and chopped
- Pinch of Aleppo pepper or crushed red pepper
- 1/2 teaspoon finely grated lemon zest
- 1tbsp oregano chopped oregano
- 1/4 cup chopped flat leaf parsley
- 2 large egg yolks
- Salt and freshly ground pepper

DIRECTIONS

Step 1

In a large pot of salted boiling water, cook the spaghetti until al dente. Drain the pasta, reserving 1/2 cup of the cooking water.

Step 2

In a large, deep skillet, heat the oil with the garlic and anchovies and cook over moderately high heat until the anchovies have browned, about 2 minutes. Add the red pepper, zest, oregano and parsley, then add the pasta and toss to coat. Remove from the heat.

Step 3

In a small bowl, whisk the yolks with the reserved cooking water and add to the pasta. Cook over low heat, tossing until the pasta is coated in a creamy sauce, about 1 minute. Season with salt and pepper and serve.

Credits: Chris Consentino - Food Network