



Grilled Sesame Soy Salmon Skewer

INGREDIENTS

- 1 Salmon fillets evenly thick if possible, cut into 1 inch cubes

Marinade:

- 1 tablespoon sesame oil
- 1 tab. soy sauce + rice vinegar
- 1 tab. soy sauce + brown sugar
- 1 tab. soy sauce + soy sauce
- 1 clove garlic
- 1 teaspoon grated ginger
- Freshly ground pepper

To serve:

- 1 large lemon cut into thin slices and seeds removed
- Sesame seeds for garnish

DIRECTIONS

1. In a medium bowl, combine the sesame oil, rice vinegar, brown sugar, soy sauce, garlic, ginger and freshly ground pepper. Add salmon cubes, cover and refrigerate for 10 minutes. (This is a good time to start some rice cooking, if you like. Also, if you're using wooden skewers, set them to soak).
2. Heat BBQ, grill pan or broiler to medium-high (for broiler, line a baking sheet with aluminum foil for skewers and move oven rack about 6 - 7 inches from broiler).
3. Once salmon has marinated, thread onto skewers, alternating with lemon slices (or vegetables). Cook until just fishy and lightly charred, turning with left over marinade regularly. This should take about 5 minutes per side, but will depend on the thickness of your salmon pieces. Sprinkle with sesame seeds before serving.

Credits: Seasons and Suppers